

Morgantown Little Learners Childcare Center

September 2026 - CACFP Fall Menu

Breakfast • Lunch • Afternoon Snack | WGR = Whole Grain-Rich

Date	Breakfast	Lunch	Afternoon Snack
Tue 9/1	WGR cereal, banana, milk	Chicken bites, mashed potatoes, green beans, peaches, WGR roll, milk	Applesauce & cheese
Wed 9/2	WGR waffle, applesauce, milk	Turkey & cheese WGR sandwich, peas, pears, milk	WGR crackers & milk
Thu 9/3	WGR toast, peaches, milk	Beef meatballs, WGR pasta, broccoli, mandarin oranges, milk	Banana & yogurt
Fri 9/4	WGR cereal, banana, milk	Chicken & cheese WGR quesadilla, corn, applesauce, milk	Apple slices & cheese
Mon 9/7	CLOSED - LABOR DAY	CLOSED	CLOSED
Tue 9/8	WGR waffle, peaches, milk	Chicken patty on WGR bun, sweet potatoes, pears, milk	Applesauce & cheese
Wed 9/9	WGR cereal, banana, milk	Turkey & cheese WGR wrap, green beans, peaches, milk	WGR crackers & milk
Thu 9/10	WGR toast, cinnamon apples, milk	Beef taco meat, WGR tortilla, corn, pears, milk	Banana & yogurt
Fri 9/11	WGR English muffin, peaches, milk	Chicken meatballs, WGR pasta, peas, applesauce, milk	Apple slices & cheese
Mon 9/14	WGR cereal, banana, milk	Grilled cheese on WGR bread, broccoli, pears, milk	Applesauce & WGR crackers
Tue 9/15	WGR waffle, applesauce, milk	Turkey meatballs, mashed potatoes, green beans, peaches, WGR roll, milk	Banana & cheese
Wed 9/16	WGR toast, pears, milk	Chicken & cheese WGR quesadilla, corn, mandarin oranges, milk	Yogurt & apple slices
Thu 9/17	WGR cereal, peaches, milk	Beef meat sauce, WGR pasta, peas, applesauce, milk	WGR crackers & cheese
Fri 9/18	WGR English muffin, banana, milk	Turkey & cheese WGR sandwich, sweet potatoes, pears, milk	Applesauce & milk
Mon 9/21	WGR cereal, cinnamon apples, milk	Chicken patty on WGR bun, green beans, peaches, milk	Banana & cheese
Tue 9/22	WGR waffle, banana, milk	Beef meatballs, WGR pasta, broccoli, pears, milk	Applesauce & WGR crackers
Wed 9/23	WGR toast, peaches, milk	Turkey & cheese WGR wrap, corn, applesauce, milk	Apple slices & yogurt
Thu 9/24	WGR cereal, pears, milk	Chicken bites, mashed potatoes, peas, peaches, WGR roll, milk	Banana & milk
Fri 9/25	WGR English muffin, applesauce, milk	Grilled cheese on WGR bread, green beans, mandarin oranges, milk	WGR crackers & cheese
Mon 9/28	WGR cereal, banana, milk	Turkey meatballs, WGR pasta, broccoli, peaches, milk	Applesauce & cheese
Tue 9/29	WGR waffle, cinnamon apples, milk	Chicken quesadilla, corn, pears, milk	Banana & yogurt
Wed 9/30	WGR toast, peaches, milk	Beef taco meat, WGR tortilla, green beans, applesauce, milk	WGR crackers & milk

Menu subject to change based on product availability. CACFP creditability depends on approved products and age-appropriate serving sizes.