

Morgantown Little Learners Childcare Center

November 2026 - CACFP Fall Menu

Breakfast • Lunch • Afternoon Snack | WGR = Whole Grain-Rich

Date	Breakfast	Lunch	Afternoon Snack
Mon 11/2	WGR cereal, banana, milk	Turkey meatballs, mashed potatoes, green beans, peaches, WGR roll, milk	Apple slices & cheese
Tue 11/3	WGR waffle, cinnamon apples, milk	Chicken & cheese WGR quesadilla, corn, pears, milk	Banana & yogurt
Wed 11/4	WGR toast, peaches, milk	Beef meatballs, WGR pasta, broccoli, applesauce, milk	WGR crackers & milk
Thu 11/5	WGR cereal, pears, milk	Chicken patty on WGR bun, sweet potatoes, mandarin oranges, milk	Apple slices & cheese
Fri 11/6	WGR English muffin, banana, milk	Turkey & cheese WGR sandwich, peas, peaches, milk	Applesauce & WGR crackers
Mon 11/9	WGR cereal, cinnamon apples, milk	Chicken bites, mashed potatoes, green beans, pears, WGR roll, milk	Banana & cheese
Tue 11/10	WGR waffle, banana, milk	Beef taco meat, WGR tortilla, corn, peaches, milk	Applesauce & yogurt
Wed 11/11	WGR toast, peaches, milk	Turkey meatballs, WGR pasta, broccoli, pears, milk	Apple slices & cheese
Thu 11/12	WGR cereal, pears, milk	Chicken & cheese WGR quesadilla, green beans, applesauce, milk	WGR crackers & milk
Fri 11/13	WGR English muffin, banana, milk	Grilled cheese on WGR bread, peas, peaches, milk	Banana & yogurt
Mon 11/16	WGR cereal, cinnamon apples, milk	Chicken meatballs, WGR pasta, green beans, pears, milk	Applesauce & cheese
Tue 11/17	WGR waffle, banana, milk	Turkey & cheese WGR wrap, sweet potatoes, peaches, milk	WGR crackers & milk
Wed 11/18	WGR toast, peaches, milk	Beef meatballs, mashed potatoes, broccoli, mandarin oranges, WGR roll, milk	Apple slices & yogurt
Thu 11/19	WGR cereal, pears, milk	Chicken patty on WGR bun, corn, applesauce, milk	Banana & cheese
Fri 11/20	WGR English muffin, banana, milk	Turkey & cheese WGR sandwich, green beans, peaches, milk	Applesauce & WGR crackers
Mon 11/23	WGR cereal, cinnamon apples, milk	Chicken quesadilla, corn, pears, milk	Banana & yogurt
Tue 11/24	WGR waffle, peaches, milk	Beef meat sauce, WGR pasta, broccoli, applesauce, milk	WGR crackers & cheese
Wed 11/25	WGR toast, banana, milk	Thanksgiving Feast: turkey, mashed sweet potatoes, green beans, cinnamon apples, WGR roll, milk	Pears & cheese
Thu 11/26	CLOSED - THANKSGIVING	CLOSED	CLOSED
Fri 11/27	CLOSED	CLOSED	CLOSED
Mon 11/30	WGR cereal, banana, milk	Chicken bites, mashed potatoes, peas, peaches, WGR roll, milk	Applesauce & cheese

Menu subject to change based on product availability. CACFP creditability depends on approved products and age-appropriate serving sizes.