

Morgantown Little Learners Childcare Center

January 2027 - CACFP Winter Menu

Breakfast • Lunch • Afternoon Snack | WGR = Whole Grain-Rich | Regular unflavored whole milk

Date	Breakfast	Lunch	Afternoon Snack
Fri 1/1	CLOSED - NEW YEAR'S DAY	CLOSED	CLOSED
Mon 1/4	WGR waffle, Pears, whole milk	Chicken & cheese quesadilla, WGR tortilla, Corn, Applesauce, whole milk	WGR crackers & Whole milk
Tue 1/5	WGR cereal, Banana, whole milk	Beef & bean chili, WGR crackers, Corn, Pears, whole milk	Apple slices & Yogurt
Wed 1/6	WGR English muffin, Peaches, whole milk	Chicken patty, WGR bun, Broccoli, Mandarin oranges, whole milk	Applesauce & Cheese
Thu 1/7	WGR oatmeal, Pears, whole milk	Turkey with gravy, WGR roll, Mashed sweet potatoes & green beans, Cinnamon apples, whole milk	Banana & Yogurt
Fri 1/8	WGR cereal, Banana, whole milk	Grilled cheese, WGR bread, Creditable tomato soup, Peaches, whole milk	Apple slices & Cheese
Mon 1/11	WGR toast, Cinnamon apples, whole milk	Chicken meatballs, WGR pasta, Peas, Pears, whole milk	WGR crackers & Whole milk
Tue 1/12	WGR waffle, Peaches, whole milk	Beef taco meat, WGR tortilla, Corn, Applesauce, whole milk	Banana & Yogurt
Wed 1/13	WGR cereal, Pears, whole milk	Turkey & cheese, WGR bread, Broccoli, Peaches, whole milk	Apple slices & Cheese
Thu 1/14	WGR oatmeal, Banana, whole milk	Chicken & brown rice bowl, Brown rice, Carrots, Applesauce, whole milk	WGR crackers & Whole milk
Fri 1/15	WGR waffle, Cinnamon apples, whole milk	Beef meatballs, WGR pasta, Green beans, Pears, whole milk	Banana & Cheese
Mon 1/18	WGR toast, Peaches, whole milk	Turkey & bean chili, WGR crackers, Corn, Mandarin oranges, whole milk	Apple slices & Yogurt
Tue 1/19	WGR cereal, Banana, whole milk	Chicken bites, WGR roll, Mashed potatoes & peas, Peaches, whole milk	Applesauce & Cheese
Wed 1/20	WGR English muffin, Pears, whole milk	Cheesy baked potato, WGR roll, Broccoli, Applesauce, whole milk	Banana & Whole milk
Thu 1/21	WGR oatmeal, Cinnamon apples, whole milk	Turkey & cheese, WGR tortilla, Sweet potatoes, Peaches, whole milk	WGR crackers & Whole milk
Fri 1/22	WGR waffle, Banana, whole milk	Chicken meatballs, WGR pasta, Green beans, Pears, whole milk	Apple slices & Cheese
Mon 1/25	WGR toast, Peaches, whole milk	Chicken & WGR noodle soup, WGR noodles, Carrots, Pears, whole milk	Banana & Yogurt
Tue 1/26	WGR cereal, Banana, whole milk	Beef & bean chili, WGR crackers, Green beans, Mandarin oranges, whole milk	Applesauce & Cheese
Wed 1/27	WGR English muffin, Applesauce, whole milk	Grilled cheese, WGR bread, Creditable tomato soup, Pears, whole milk	WGR crackers & Whole milk
Thu 1/28	WGR oatmeal, Pears, whole milk	Chicken patty, WGR bun, Peas, Peaches, whole milk	Apple slices & Cheese
Fri 1/29	WGR oatmeal, Cinnamon apples, whole milk	Turkey meatballs, WGR roll, Mashed potatoes & green beans, Peaches, whole milk	Banana & Cheese

Menu subject to change based on product availability. CACFP creditability depends on approved products, documented combination-food crediting, and age-appropriate serving sizes.